# SOUTH COAST HEAD START

SERVING PREGNANT PEOPLE & FAMILIES WITH CHILDREN BIRTH TO FIVE YEARS OLD IN COOS, CURRY, AND COASTAL DOUGLAS COUNTIES



2024-2025 School Calendar



### Mission Statement:

Supporting families with young children in their quest for a brighter future.

	August 2024									
SUN	MON	TUES	WED	THURS	FRI	SAT				
28	29	30	31	1	2	3				
4	5	6	7	8	9	10				
				Policy Counc 5:30pm	il					
11	12	13	14	15	16	17				
18	19	20	21	22	23	24				

We warmly welcome you and your family to South Coast Head Start/Early Head Start. We want your experience at SCHS to be positive.

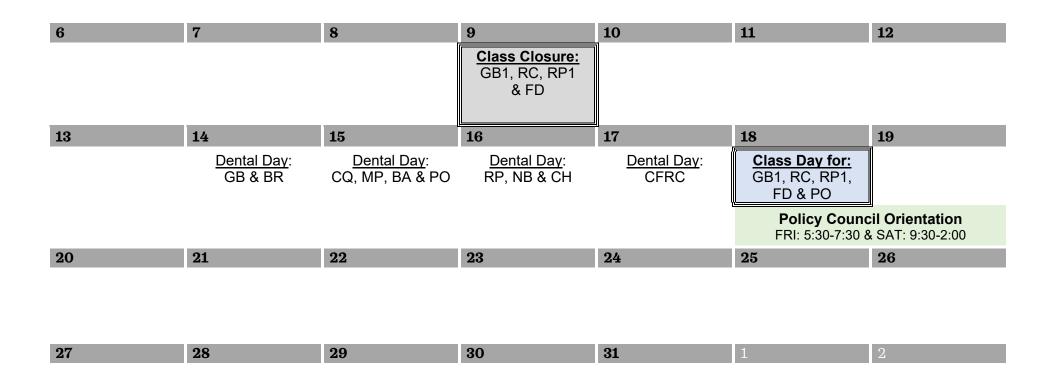
#### September 2024 SUN **MON TUES WED THURS** FRI SAT 4 5 6 2 1st Full **H**OLIDAY **Orientation & Small Groups Class Day** 9 11 13 14 8 10 12 **Policy Council** 5:30pm 15 17 18 19 20 21 16 Vision Screenings Vision Screenings Vision Screenings Vision Screenings CB & NB MP, CQ & PO RP, CH & BA GB, BR & AZ 22 23 24 25 26 27 28

You are your child's first and most important teacher, and your home is a primary learning place!

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### October 2024

SUN	MON	TUES	WED	THURS	FRI	SAT
29	30	1	2	3	4	5

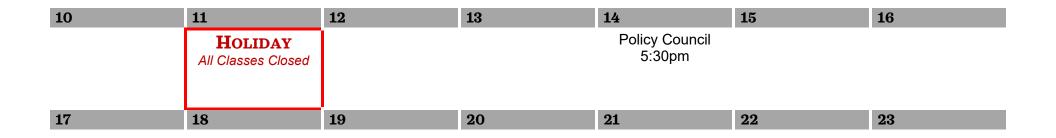


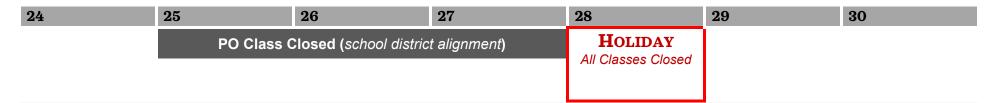
Create the highest, grandest vision for your life, because you become that which you believe.

## November 2024

SUN	MON	TUES	WED	THURS	FRI	SAT
27	28	29	30	31	1	2







### Sleep is of greatest importance to young children. How much do children need? While every child is different, experts recommend:

- ♥ infants (0-3 months): 14-17 hours, including naps
- ♥ toddlers (1-2 years): 11-14 hours, including naps
- ♥ infants (4-11 months: 12-16 hours, including naps
- preschool (3-5 years): 10-13 hours, including naps

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SUN	MON	TUES	WED	THURS	FRI	SAT
1	2	3	4	5	6	7

8	9	10	11	12	13	14
				Policy Council 5:30pm		
				5:30pm		
15	16	17	18	19	20	21

7 28	<b>27</b>	26	25	24	23	22				
		s Closed	All Classe	R BREAK -	WINTE					
		3 010000	WINTER BREAK - All Classes Closed							
4	3	2.	1	31	30	29				
4	3	s Closed	All Classe	R BREAK –	WINTE.	29				

WINTER BREAK -All Classes Closed

Become a good reading role model for your child. Your child needs to see you read for both information and pleasure. Read to your child daily.

## January 2025

SUN	MON	TUES	WED	THURS	FRI	SAT
29	30	31	1	2	3	4
				BREAK - es Closed		
5	6	7	8	9	10	11
	<u>Dental Day</u> : GB & BR	<u>Dental Day</u> : CQ, MP, BA & PO	<u>Dental Day</u> : RP, NB & CH	<u>Dental Day</u> : CFRC		
				Policy Council 5:30pm		
12	13	14	15	16	17	18
				Class Closure: GB1, RC, RP1 & FD		
19	20	21	22	23	24	25
	HOLIDAY All Classes Closed				Class Day for: GB1, RC, RP1, FD & PO	
26	27	28	29	30	31	1

Ask your children to talk about changes in food as you cook them.

Help your children to compare the before and after & talk with your children about any foods that have special meaning to your family.

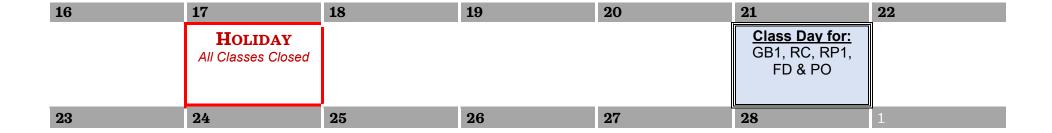
February 2025
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SUN	MON	TUES	WED	THURS	FRI	SAT
26	27	28	29	30	31	1



9	10	11	12	13	14	15
				Policy Council		

Policy Council 5:30pm



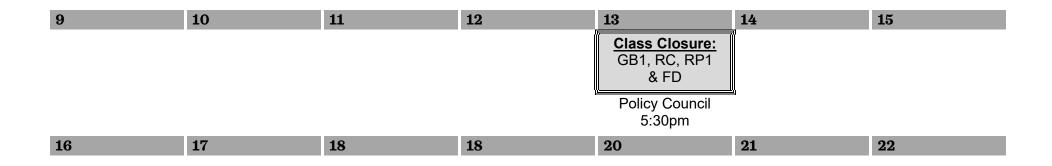
Have Fun! Show your children how fun it is to be active and healthy. Try the following activities as a family:

❖ Jumping jacks ❖ Skip ❖ Play catch ❖

Celebrating accomplishments with activities rather than food or extra TV time

### **March 2025**

SUN	MON	TUES	WED	THURS	FRI	SAT	
23	24	25	26	27	28	1	
Tootl	Toothbrush tips: Brush your teeth at the same time your children do.  Help them learn by watching your example.  When you are finished, admire your smiles together.						
2	3	4	5	6	7	8	





Dental Day: GB & BR

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SUN	MON	TUES	WED	THURS	FRI	SAT
30	31	1	2	3	4	5
		<u>Dental Day</u> : CQ, MP, BA & PO				
			_			
6	7	8	9	10	11	12
	<u>Dental Day</u> : RP, NB & CH	<u>Dental Day</u> : CFRC		Policy Council 5:30pm		
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	1	2	3

Praise your children often— Provide consistent, encouraging words to help motivate them.

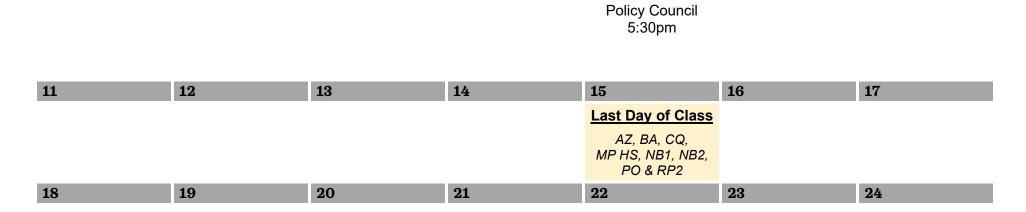
May 2025							
SUN	MON	TUES	WED	THURS	FRI	SAT	
27	28	29	30	1	2	3	

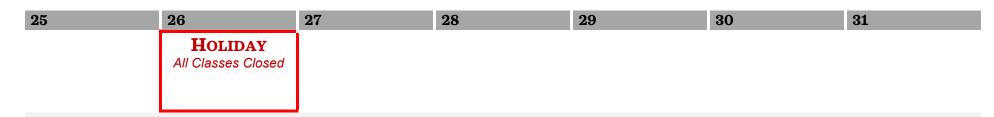
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6

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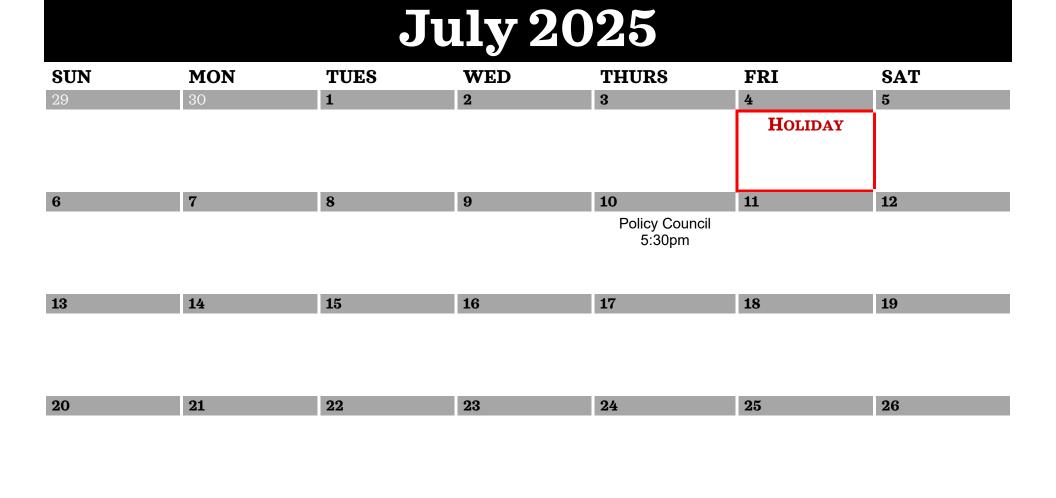


Encourage your children to read.

It's the single most important thing you can do to help your child succeed in school. Read aloud to your baby right from the start and make reading together part of your daily routine.

SUN	MON	TUES	WED	THURS	FRI	SAT	
1	2	3	4	5	6	7	
				<b>Last Day of Class</b>			
				BAY 1-4, BR1, BR2, CH, GB1, RC & RP1			
8	9	10	11	12	13	14	
				Policy Council 5:30pm			
15	16	17	18	19	20	21	
				HOLIDAY All Classes Closed			
	23	24	25	26	27	28	

Regular sleeping times, good eating habits, and physical activity are critical for children's success in school.



You may be only one person in the world, but you may also be the world to one person.

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SUN	MON	TUES	$\mathbf{WED}$	THURS	FRI	SAT
27	28	29	30	31	1	2

3	4	5	6	7	8	9
				Last Day of Class BR EHS, MP EHS, RP EHS, CB EHS 1-3 & FD		
10	11	12	13	14	15	16
				Policy Council 5:30pm		
17	18	19	20	21	22	23
24	25	26	27	28	29	30

#### SOUTH COAST HEAD START ADMINISTRATIVE OFFICES:

#### 1855 Thomas Ave, Coos Bay, OR 97420

PHONE: 541-888-3717 or 1-800-628-9629 FAX: 541-888-2877

CLASSROOM/ MODEL:	CLASS DAYS/ CLAS	CLASS DAYS/ CLASS TIMES:				
AREA MANAGER:	TEACHER:	TEACHER:				
TEACHER ASSISTANT(S):						
FAMILY ENGAGEMENT SPECIALIST:	COOK/ASSISTANT (	COOK(S):				
BUS DRIVER:						
SERVING COOS, CURRY, and COASTAL DOU	GLAS COUNTIES at THE FOLLOWING LOCATIONS	:				
<b>Bandon</b> 590 Filmore Ave SE – Bandon OR 97411 Phone:541-347-3523	Coquille (Lincoln School of Early Learning) 1366 N. Gould St. – Coquille OR 97423 Phone:541-559-0183	<b>Myrtle Point – Early Head Start</b> 503 C Street, Myrtle Point OR 97458 Phone: 541-559-0545				
<b>Brookings</b> 420 Redwood Spur – Brooking, OR 97415 Phone:541-469-6137	Gold Beach 29513 Ellensburg Ave. Suite 2 Gold Beach OR 97444	North Bend 2710 Oak St – North Bend OR 97459 Phone: 541-756-1821				
505 Pacific Ave – Brookings OR 97415 Azalea Middle School Classroom – Rm 9 Phone: 541-469-7427	Phone: 541-247-2700  Gold Beach - Riley Creek  94350 Sixth Street – Gold Beach OR 97444	Port Orford 2040 Washington St. – Port Orford OR 97465 Phone: 541-332-1243				
Charleston 63297 Sunrise St. – Charleston OR 97420 Phone:541-888-2222	Phone: 541-254-0937  Myrtle Point – Head Start  1820 Stover Lane – Myrtle Point OR 97458	Reedsport 5 Saint John's Way – Reedsport OR 97467 Phone: 541-271-9117				
Coos Bay / Child & Family Resource Center (CFRC) 1855 Thomas Ave. – Coos Bay OR 97420 Phone: 541-888-3717	Phone: 541-559-0544	2260 Longwood – Reedsport OR 97467 Phone: 541-271-2141 Ext. 515				
South Coast Head Start is funded in part by the Undergon - Department of Education - Oregon Head	JS Department of Health & Human Services - Adminis d Start Pre-Kindergarten Program	tration for Children and Families; and the State of				
FREQUENTLY CALLED NUMBERS / NOTES:						
EMERGENCY	911 NATIONAL POISON C	ONTROL1-800-222-1222				
DOCTOR NAME & PHONE		DATE:				
DENTIST NAME & PHONE		DATE:				
HOSPITAL NAME & PHONE:						